

SoulPages Mentor Training

By Rakefet Hadar & Pam Hausner



I'm very honored to announce the opening of the 3rd International Mentor training in my method of "SoulPages".

This is an online live course of 30 full lessons (3 hours) during 9 months of training.

You will also get 1-2 private meetings with Rakefet

One private meeting with SP mentor to help you set up your first group

Meet your inner artist course template that you could teach immediately!

Bonus-SP Marketing course (worth \$890)

Bonus 2- Seven Ways to bind your SoulPages course (Value \$129)

Bonus 3- Memory Pockets course (worth \$35)

Bonus 4- Meet your Inner Artist course template(worth \$1500)

All the lessons are recorded live on zoom and kept on a private Facebook group for another full

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year after the course is finished.

The graduates will get a certificate of “Mentor of Soulpages Method” and will be able to work with groups/private clients as soon as the course finish

What is the visual Journal?

The Visual Journal is a powerful tool that connects to a place of healing and transformation, that helps us self-educate about different materials and work with a variety of techniques of mixed media – all in the format of a journal.

The Binding of the Journal, the work inside it thereafter, the gentle guidance of a trustworthy instructor – allow us to go through processes of growth and healing, and even light up a spark of joy and passion.

I developed the “SoulPages” Method to let you reconnect with parts of you that dream and fulfill, parts of you that are joyous.

Syllabus

Module 1-Meet Your Inner Artist

This is the Course that you could teach as soon as you finish 2nd module.

In this module the student will get familiar with the building block of visual journaling- the 7 elements, through working with very powerful inner work.

We will get to know the archetype of the inner artist and how can we activate it in ourself and learn a new artistic language.

This is a beginner’s course that you could teach after graduation with a credit to the SoulPages Brand.

Lesson	Name of lesson	Techniques & Materials	Date
1	The gate to my soul		17.10
2	The seven elements of Visual journaling		24.10

3	Working with memories	31.10
4	My inner creatures	7.11
5	Blackout poetry images	14.11

Module 2-Voice Dialogue technique

This technique is one of the fundamentals of SoulPages method.

SP is based on understanding our inner parts/ voices/ characters.

The Voice Dialogue method was developed by Hal & Sidra Stone, two Jungian psychologists and is one of the most powerful methods you can add to your tool box.

Lesson	Name of lesson	Date
6	Our Soul as a beautiful fabric	21.11
7	Our inner children- vulnerable parts	28.11
8	Our Inner management	05.12
9	Dialoging with our inner parts	12.12
10	Creating visualizations	19.12

Module 3-The Group

In this module we will learn different theories of psychology of art and working with groups as a mentor of change and transformation. We will create in a special journal that we will make especially for this module.

Lesson	Name of lesson	Date
11	Theories that influenced SoulPages	09.01
12	SoulPages groups	16.01

13	Roles of group members	23.01
14	The Mentor's roles	30.01
15	Dealing with difficult emotions	06.02
16	Reflection on Journal spreads	13.02
17	Saying goodbye	20.02

Module 4-My Diamond Mine

How to create a Flagship workshop with your own strengths

In this module we will dive in to discover all your strengths and learn how to create endless amazing processes that will influence others to grow and transform.

You will end this module with a plan of a Flag workshop that you could teach Immediately.

Lesson	Name of lesson	Date
18	Mind maps	27.02
19	My wining metaphor	05.03
20	Creating intention	12.03
21	Materials and Techniques	19.03
22	Group meeting- Q+A about the practicum	26.03

Module 5- marketing

In this Module you will get important marketing tools that will help you promote your workshops online and in all important social media channels.

Lesson	Name of lesson	Date
22	Marketing your Flagship workshop introduction	02.04
23		09.04
24		16.04
	Passover break	
25		07.05

Module 6-Practicum

Each future mentor will form a small group of 3-6 friendly people max and will teach it the "Meet Your Inner Artist" course (or your own materials- min 2 meetings)

You will get all the graphics and logo for this course.

You could teach your own flag workshop -min 2 times

The practicum class should be offered without payment (or only charge minimum for materials)

You could teach the class live /in-person or zoom.

The practicum could start as early as Feb 20th and not later than April 20th.

One of SP teachers will meet with each of you personally to help navigating the practicum group.

In May we will start the Module 5 classes where we will work with case studies originated from the practicum experiences.

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Each mentor will write a short diary after each session.

It is not obligatory to do the practicum group(you could decide to give up the teaching experience) but it is important to participate in the practicum module and learn from your friends experiences.

Lesson	Name of lesson	Date
	Spring break	
27	Case studies p.1	21.05
28	Case studies p.1	28.05
29	Case studies p.1	04.06
30	End of course party	11.06

Important notice- some lessons content might change and updated to enrich the course content