

with groups/private clients as soon as the course finishes

What is the Visual Journal?

The Visual Journal is a powerful tool that connects to a place of healing and transformation, that helps us self-educate about different materials and work with a variety of techniques of mixed media – all in the format of a journal.

The Binding of the Journal, the work in it, the gentle guidance of a trustworthy instructor – allow us to go through processes of growth and healing and even light up a spark of joy and passion.

I developed the “SoulPages” Method to let you reconnect with parts of you that dream and fulfill, parts of you that are joyous.

Syllabus

Module 1-Meet Your Inner Artist

This is the Course you could teach as soon as you finish 2nd module.

In this module, the student will become familiar with the building block of visual journaling- the seven elements- through working with powerful inner work.

We will get to know the archetype of the inner artist and how we can activate it in ourselves and learn a new artistic language.

This is a beginner’s course that you could teach after graduation with a credit to the SoulPages Brand.

Lesson	Name of lesson	Date
1	The Gate to My Soul	Oct 28
2	The Seven Elements of Visual Journaling-Keren	Nov 4
3	My inner creatures-Keren	Nov 11
4	Working with Memories-Deandra	Nov 18
5	Blackout poetry images-Deandra	Nov 25

Module 2-Voice Dialogue technique

.This technique is one of the fundamentals of SoulPages method

.SP is based on understanding our inner parts/ voices/ characters

The Voice Dialogue method was developed by Hal & Sidra Stone, two Jungian psychologists
.and is one of the most powerful methods you can add to your tool box

You will be able to use all the materials that you learn in this course including the slides in order to start teaching the voice Dialogue through SoulPages. (you will have to use the Logo of the (method

Lesson	Name of lesson	Date
6	Our Soul as a Beautiful Fabric	Dec 2
7	Our Inner Children- Vulnerable Parts	Dec 9
8	Our Inner Management	Dec 16
9	Dialoguing- with our Inner Parts	Jan 6

Module 3-The Group

In this module we will learn different theories of psychology of art and working with groups as a mentor of change and transformation. We will create in a special journal that we will make
.especially for this module

Lesson	Name of lesson	Date
10	Theories that influenced SoulPages	Jan 13
11	SoulPages groups	Jan 20
12	The Mentor's roles	Jan 27
13	Dealing with difficult emotions	Feb 3
14	Reflection on Journal Spreads	Feb 10
15	Farewell and goodbye	Feb 17

Module 4- Your Diamond mine

How to create a Flagship workshop with your own life story

In this module we will dive in to discover all your strengths and learn how to create endless .amazing processes that will influence others to grow and transform

.You will end this module with a plan for a Flag workshop that you could teach immediately

Lesson	Name of lesson	Date
15	Mind maps	Feb 24
16	My winning metaphor	Mar 3
18	Creating intention	Mar 10
19	Materials and Techniques	Mar 17
20	Saying goodbye-Long meeting (4.5 hours)	Mar 24

In addition, there will be two private meetings with Rakefet and her staff during the course.

You will also have at least five more unofficial peer meetings to practice the lessons with one of the SoulPages Mentors. These meetings are not mandatory; they are for the benefit of all participants.

There are only five places for attendees who want to join the course and do it offline (from the recordings). If you want to do it pls, contact Rakefet by email: rakefetlink@gmail.com

Cancelation Policy

SoulPages Training is priced at a very reasonable price that aims to give everyone who wants to participate- the ability to do so.

The SoulPages Facilitator Program is a full five-month commitment that includes 20 Live sessions with a few different teachers. If, for any reason, you choose not to continue, you will still be liable for the full fees for the program. This is due to the nature of this training. A FULL commitment is needed upfront. This is not a program you 'feel out' and then drop out of or come in and out of at will. That undermines your success, my ability to support you and affects the spirit of the group.

Because of the intimate nature of the work we will be doing together over the five months, full commitment is essential. Since this is not a 'join anytime' program, your space cannot be filled once we begin.

These materials were written for personal use, enrichment and learning. They may not be used publicly without permission from the author.

If you are not 100% sure about your passion to be doing this type of work we highly recommend that you participate in one of our other workshops or retreats before signing up for the SoulPages Mentor program so that you can get a better sense of the nature of this Soul healing process.

Tuition & Payment

The deposit is nonrefundable and could be replaced with other courses.

The full price is \$2780

Early bird price up to June 30- is \$2680

There are two ways to pay for this training. A full payment will save you \$200 extra.

Payments- you will pay a deposit of \$680 and the rest in up to 4 installments starting on October 10th up to January 25.