

## SoulPages™ Facilitator Training

By Rakefet Hadar & Pam Hausner



I'm very honored to announce the opening of the 3<sup>rd</sup> International Mentor training in my method of "SoulPages".

This is an online live course of 20 full live lessons (3 hours) during 5 months of training.

You will also get 1-2 private meetings with Rakefet Hadar or her staff.

**Bonus 1-**Meet your inner artist course template that you could teach immediately!

**Bonus 2-** Seven Ways to bind your SoulPages course ( Value \$129)

**Bonus 3-** Memory Pockets course (worth \$35)

**Bonus 4-** Meet your Inner Artist course template (worth \$1500)

**Bonus 5-** Voice Dialogue technique course template ( worth \$ 1800)

**Bonus 6-** Recorded Marketing lesson for beginners

All the lessons are recorded live on zoom and kept on my site for you to use forever ( until the

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site exist)

The graduates will get a certificate of Facilitator of Soulpages Method” and will be able to work with groups/private clients as soon as the course finish

### **What is the visual Journal?**

The Visual Journal is a powerful tool that connects to a place of healing and transformation, that helps us self-educate about different materials and work with a variety of techniques of mixed media – all in the format of a journal.

The Binding of the Journal, the work inside it thereafter, the gentle guidance of a trustworthy instructor – allow us to go through processes of growth and healing, and even light up a spark of joy and passion.

I developed the “SoulPages” Method to let you reconnect with parts of you that dream and fulfill, parts of you that are joyous.

## **Syllabus**

### **Module 1-Meet Your Inner Artist**

**This is the Course that you could teach as soon as you finish 2<sup>nd</sup> module.**

In this module the student will get familiar with the building block of visual journaling- the 7 elements, through working with very powerful inner work.

We will get to know the archetype of the inner artist and how can we activate it in ourself and learn a new artistic language.

This is a beginner's course that you could teach after graduation with a credit to the SoulPages Brand.

Lesson	Name of lesson	Techniques & Materials	Date
1	The gate to my soul		17.10
2	The seven elements of Visual journaling		24.10

3	Working with memories		31.10
4	My inner creatures		7.11
5	Blackout poetry images		14.11

### Module 2-Voice Dialogue technique

This technique is one of the fundamentals of SoulPages method.

SP is based on understanding our inner parts/ voices/ characters.

The Voice Dialogue method was developed by Hal & Sidra Stone, two Jungian psychologists and is one of the most powerful methods you can add to your tool box.

You will be able to use all the materials that you learn in this course including the slides in order to start teaching the voice Dialogue through SoulPages. (you will have to use the Logo of the method)

Lesson	Name of lesson	Date
6	Our Soul as a beautiful fabric	21.11
7	Our inner children- vulnerable parts	28.11
8	Our Inner management	05.12
9	Dialoging with our inner parts	12.12

### Module 3-The Group

In this module we will learn different theories of psychology of art and working with groups as a mentor of change and transformation. We will create in a special journal that we will make especially for this module.

Lesson	Name of lesson	Date
10	Theories that influenced SoulPages	19.12
11	SoulPages groups	09.01
12	Roles of group members	16.01
13	The Mentor's roles	23.01
14	Dealing with difficult emotions	30.01
15	Reflection on Journal spreads	06.02

### Module 4- Your Diamond mine

#### How to create a Flagship workshop with your own life story

In this module we will dive in to discover all your strengths and learn how to create endless amazing processes that will influence others to grow and transform.

You will end this module with a plan of a Flag workshop that you could teach Immediately.

Lesson	Name of lesson	Date
16	Mind maps	13.02
17	My wining metaphor	20.02
18	Creating intention	27.02
19	Materials and Techniques	05.03

20	Saying goodbye	12.03
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In addition, there will be two private meetings with Rakefet and her staff during the course.

You will also have at least 5 more unofficial peer meeting to practice the lessons with one of the SoulPages Mentors. These meetings are not mandatory, there are for the benefit of all participants.

There are only 5 places for attendees that want to join the course and do it off line ( from the recordings). If you want to do it pls contact Rakefet by email: rakefetlink@gmail.com

### **Cancellation Policy**

SoulPages Training is priced at a very reasonable price that aims to let everyone that wants to participate- the ability to do so.

The SoulPages Facilitator Program is a full five-month commitment which includes 20 Live sessions with a few different teachers. If, for any reason, you choose not to continue, you will still be liable for the full fees for the program. This is due to the nature of this training. A FULL commitment is needed up front. This is not a program you 'feel out' and then drop out of or come in and out of at will. That undermines your success, my ability to support you and affects the spirit of the group.

Because of the intimate nature of the work that we will be doing together over the five months your full commitment is essential. Since this is not a 'join anytime' program, your space cannot be filled once we begin.

If you are not 100% sure about your passion to be doing this type of work we highly recommend that you participate in one of our other workshops or retreats before signing up for the SoulPages Mentor program so that you can get a better sense of the nature of this Soul healing process.

### **Tuition & Payment**

There are two ways to pay for this Training

**Full payment**- will save you \$150.

**Payments**- you will pay a deposit of \$680 and the rest in 2 instalments that will be in October 10<sup>th</sup> and December 10<sup>th</sup>.